



Bandon Hill Primary School
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Headteacher: Mr R Hopkins MEd NPQH



RSE Lessons

Tuesday 17th September 2024

Dear Parents and Carers,

This year your child's class teacher will be teaching RSE in PSHE lessons. The resources for our PSHE lessons are from 'Kapow Primary', the RSE module is called 'Safety and the changing body'. These lessons are compulsory and cannot be withdrawn from.

The law was changed with effect from September 2020 so that primary schools in England must teach relationships education and health education (*The Children and Social Work Act 2017*).

- The relationships education part of the new curriculum teaches what children need to learn to build positive and safe relationships with family and friends and online.
- The health education part of the new curriculum covers both physical health and mental wellbeing and teaches children how to make good decisions about their own health and wellbeing; how to recognise issues in themselves and in others; and how to seek support as early as possible when issues arise.

Year 3

Lesson 1: First Aid: Emergencies and calling for help

To understand the role I can take in an emergency situation.

Lesson 2: First Aid: bites and stings

To understand how to help if someone has been stung or bitten.

Lesson 3: Be kind online

To understand the importance of being kind online and what this looks like.

Lesson 4: Cyberbullying

To understand that cyberbullying involves being unkind online.

Lesson 5: Fake emails

To understand that not all emails are genuine.

Lesson 6: Making choices

To understand the choices people can make and those which are made by others.

Lesson 7: Influences

To begin to recognise who and what can influence our decisions.

Lesson 8: Keeping safe out and about

To develop an understanding of safety on or near roads.

We are inviting all parents into school on Tuesday 24th September at 2:30pm to view the Kapow resources. If you wish to attend, please enter via the office at 2:30pm.

If you have any questions or concerns please email the office FAO Mrs Horne.

Kind regards,

Mrs Horne
PSHE and Wellbeing Lead

