



Bandon Hill Primary School
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Headteacher: Mr R Hopkins MEd NPQH



RSE Lessons

Tuesday 17th September 2024

Dear Parents and Carers,

This year your child's class teacher will be teaching RSE in PSHE lessons. The resources for our PSHE lessons are from 'Kapow Primary', the RSE module is called 'Safety and the changing body'. These lessons are compulsory and cannot be withdrawn from.

The law was changed with effect from September 2020 so that primary schools in England must teach relationships education and health education (*The Children and Social Work Act 2017*).

- The relationships education part of the new curriculum teaches what children need to learn to build positive and safe relationships with family and friends and online.
- The health education part of the new curriculum covers both physical health and mental wellbeing and teaches children how to make good decisions about their own health and wellbeing; how to recognise issues in themselves and in others; and how to seek support as early as possible when issues arise.

Year 1

Lesson 1: Adults in school

To know how to respond to adults in a safe and familiar context.

Lesson 2: Adults outside school

To understand how to respond to adults in a range of situations.

Lesson 3: Getting lost

To understand what to do if you get lost.

Lesson 4: Making an emergency phone call

To know what an emergency is and how to make a phone call if needed.

Lesson 5: Appropriate contact

To begin to understand the difference between acceptable and unacceptable physical contact.

Lesson 6: Safety with substances

To begin to understand what is safe to put into or onto our bodies.

Lesson 7: Safety at home

To understand that there are dangers at home and how these can be avoided.

Lesson 8: People who help to keep us safe

To understand that there are people in the local community who help to keep us safe.

We are inviting all parents into school on Tuesday 24th September at 2:30pm to view the Kapow resources. If you wish to attend, please enter via the office at 2:30pm.

If you have any questions or concerns please email the office FAO Mrs Horne.

Kind regards,

Mrs Horne
PSHE and Wellbeing Lead

