



Bandon Hill Primary School
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Headteacher: Mr R Hopkins MEd NPQH



RSE Lessons

Tuesday 17th September 2024

Dear Parents and Carers,

This year your child's class teacher will be teaching RSE in PSHE lessons. The resources for our PSHE lessons are from 'Kapow Primary', the RSE module is called 'Safety and the changing body'. These lessons are compulsory and cannot be withdrawn from.

The law was changed with effect from September 2020 so that primary schools in England must teach relationships education and health education (*The Children and Social Work Act 2017*).

- The relationships education part of the new curriculum teaches what children need to learn to build positive and safe relationships with family and friends and online.
- The health education part of the new curriculum covers both physical health and mental wellbeing and teaches children how to make good decisions about their own health and wellbeing; how to recognise issues in themselves and in others; and how to seek support as early as possible when issues arise.

Year 2

Lesson 1: Introduction to the internet

To understand what the internet is and how it can help us.

Lesson 2: Communicating online

To understand how to stay safe when using the internet.

Lesson 3: Secrets and surprises

To begin to understand the difference between secrets and surprises.

Lesson 4: Appropriate contact: My private parts

To begin to understand the concept of privacy and the correct vocabulary for body parts.

Lesson 5: Appropriate contact: My private parts are private

To understand safe and unsafe touches.

Lesson 6: Respecting personal boundaries

Lesson 7: Road safety

To understand ways to keep safe on and near roads.

Lesson 8: Crossing roads safely

To understand ways to keep safe on and near roads.

Lesson 9: Staying safe with medicine

To begin to understand how to stay safe with medicines.

We are inviting all parents into school on Tuesday 24th September at 2:30pm to view the Kapow resources. If you wish to attend, please enter via the office at 2:30pm.

If you have any questions or concerns please email the office FAO Mrs Horne.

Kind regards,

Mrs Horne
PSHE and Wellbeing Lead

